

Lac du Flambeau: Creating a Holistic Healing to Wellness Campus

“Healing Our Relatives, Mending the Circle”

GRAND RIVER SOCIAL SERVICES &
COMMUNITY DEVELOPMENT

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What is Your Community's Five Greatest Social Needs?

1. Chemical Dependency
2. Mental Health
3. Housing
4. Employment
5. Incarceration



Residential Treatment

People do not wake-up one day
and decide to be an addict:

- Trauma
- Historical & Intergenerational Trauma
- Grief / Loss
- Generational Addiction
- Environment

Disparities



Indian Health Service – Disparities 2014:

- Life expectancy that is 4.2 years less than whites
- Die at higher rates than other Americans from:
 - chronic liver disease and cirrhosis (368% higher)
 - unintentional injuries (138% higher)
 - assault/homicide (82% higher)
 - intentional self-harm/suicide (65% higher)
- 62% of Native victims experienced violence by an offender using alcohol

Disparities



CDC Health Disparities & Inequalities Report:

- In 2007, AI/AN populations (combined) had the highest rate of motor vehicle-related deaths, one of the highest rates of suicides, and the second highest death rate due to drugs (includes illicit, prescription, and over-the-counter) compared with other racial/ethnic populations.
- In 2009, AI/AN adults were among those with the highest prevalence of binge drinking, one of the highest number of binge drinking episodes per individual, and the highest number of drinks consumed during binge drinking.

Oshki Biimaadiziiwin – Incarceration Disparity

Vilas County Jail

- 70% American Indian Population
- AI Comprises 2% of Total County Population
- Historical Barriers to Working with Tribe(s)

Recidivism Factors

- High Rates of Reentry
- Limited Services while Incarcerated
- Barriers to Access to Treatment Services
- High Rates of Homelessness Post Incarceration
- High Rates of Unemployment Post Incarceration



Oshki Biimaadiziiwin

Higher Education in the County Jail

- Provides College Credits
- Provides College Preparation Courses
- Free to all Inmates

Clinical Services

- Provides Clinical Behavioral Health Groups
- Cognitive Reprocessing & Behavior Modification
- Trauma Based Groups to Cope with underlying Need
- Aftercare provided in Community Based Setting



GOOKOMIS **ENDAAD**
YOUR GRANDMOTHER'S HOUSE

"Healing Our Relatives, Mending the Circle"



Gookomis Endaad

- 40 Acres Healing & Wellness Campus
- 20 Bed Facility – Male & Female
- Licensed as a Medium Class A (ANA) Community Based Residential Facility
- Licensed as Residential Treatment Center
- Certification of Accreditation for Residential Facilities (CARF)



Gookomis Endaad


“Healing Our Relatives, Mending the Circle”

- Homelike Environment –Grandmother’s House
- Culturally Rooted Programming
- Self-Sufficiency – Employment
- Clinically Focused - Co-occurring focus
- Evidence Based Practice

Homelike Setting



- Designed to Represent Grandmother's House
- Professional Staffing Patterns - Native Emphasis
 - Elders
 - Young Adults
 - Equal Male to Female Staffing
- Individual Rooms



Culturally Rooted – Holistic Healing

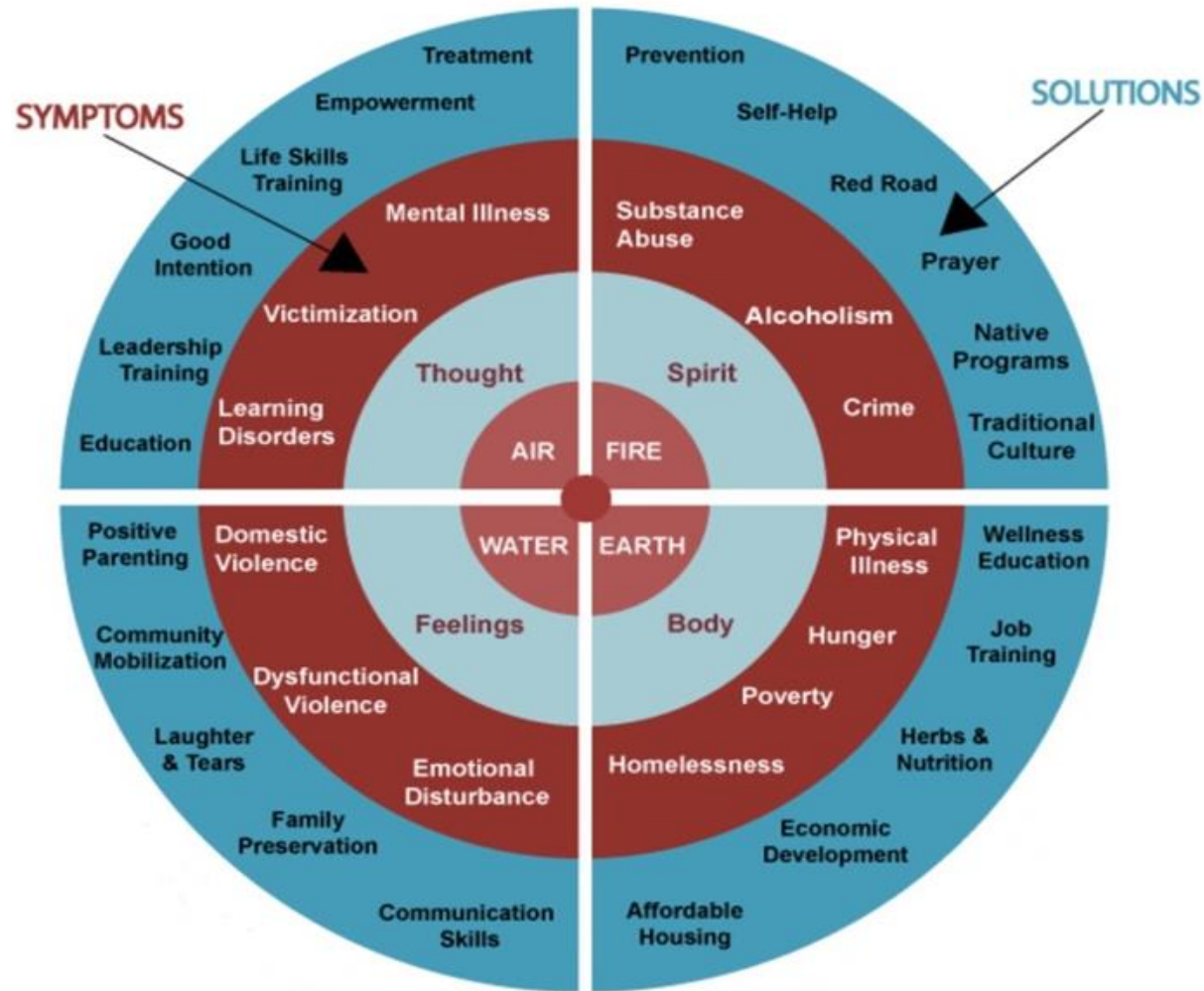
- Peacemaker – Cultural Advisor
- Daily Cultural Enrichment Activities
- Weekly Cultural Outings
- Weekly Ceremonies
- Traditional Healing Option



Clinical

- Weekly 1 to 1 Individual Therapy
- Weekly Family Therapy
- Group Therapy 2x's Daily
 - Male Groups
 - Women Groups
 - Combined Groups

Clinical






Evidence Based Practice

8 Evidence-Based Principles for Effective Intervention:

1. Assess Actuarial Risk/Needs
2. Enhance Intrinsic Motivation.
3. Target Interventions
4. Skill Train with Directed Practice
5. Increase Positive Reinforcement
6. Engage Ongoing Support in Natural Communities
7. Measure Relevant Processes/Practices
8. Provide Measurement Feedback

Evidence Based Practice





Self-Sufficiency - Reintegration

- Independent Living Skills
- Employment
- Education
- Housing Options

Your Road to Recovery Begins Here!



Your Road to Recovery Begins Here!



Your Road to Recovery Begins Here!



Your Road to Recovery Begins Here!







Funding Sources Accepted

Daily Bed Rate

- Department of Health Services – County Referrals
- Department of Corrections
- Tribes / Indian Health Services
- Private Pay

Clinical Services

- Third Party Insurances
- Medicaid – MA



After-care Reintegration

Continue using the Clinical Services Post Discharge

- Groups
- Individual
- Psychiatric Nurse Practitioner

Peer Supportive Living Homes

- Male Facility – 40 Acre Farm
- Female Facility – Overlooking Fence Lake

Permanent Supportive Housing

- 24 Residential Units
- Supportive Services
- Subsidized Housing



Ombadam Endaad – Hope House

Peer Supportive Living Homes

- Intensive Care Coordination using Tribal WrapAround Model – Focus on Reintegration
- Provides Supportive Services & Referrals
- Stepdown Program from Gookomis Endaad

Male Peer Supportive Living Home

- Houses up to (8) Residents

Female Peer Supportive Living Home

- Houses up to (6) Residents

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Helping One Another

Permanent Supportive Housing

- 22 Units for Homeless & Transient Populations
- 2 Units for Live-in Peacemakers
- Focus Population – Individuals with Behavioral Health Needs who are homeless/transient

Funding

- Low Income Tax Credit (LIHTC) – 5.8 million
- AHP & HOME - 1 million
- \$611k Developer Fee

Waadookodaading

Helping One Another



Design

- 8 Studio Units / 8 One-bedroom Units
- 4 Three-bedroom Units / 4 Four-bedroom Units
- 4k Sq. Ft. Community Center

Supportive Services

- Tribal WrapAround Care Coordination
- Peacemaking - Cultural Services
- Creates a Recovery Community
- Services provides revenue to promote sustainability

Waadookodaading

Helping One Another



Program Development Services –

Residential Treatment Center

Conduct Program Feasibility Assessment:

- Functionality of Site
- Business Plan
- Financial Costs
- Financial Projections

Design & Develop Program from Community's Vision:

- Integrate Cultural and Customs into Programing
- Obtain Licensing & Accreditation
- Turn-key Operations
- Conduct required Training and Hiring of Staff
- Develop Marketing Plan



Development Services –

Residential Treatment Services

Conduct Feasibility Assessment:

- Functionality of Site & Development
- Costs of Development
- Architectural Designs
- Engineering

Design & Develop Facility from Community's Vision:

- Integrate Cultural and Customs into Design
- Tailored Design to meet Program & Clinical Needs
- Develop Site Plan for Facility and Campus
- Produce a Building & Site for Turn-key Operations
- Conduct Trainings to build Local Workforce for Project



Low Income Tax Credits- Services

Plan Development

- Partners with Community to Bring Vision to Reality
- Data Assessment & Collection
- Development of Perm. Sup. Housing Plan

Developer & Construction Services

- Identify the Team and Partner Agencies
- Facility Design & Site Plan Development
- Assist with Application for Credits and Other Funds
- Ensure timely Construction & within Budget
- Ensure Lease-up and Tax Compliance



*Sobriety Delivers
Everything
Alcohol Promised*



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