

THE WHITE HOUSE  
Office of the First Lady

FOR IMMEDIATE RELEASE  
July 7, 2015

**UPDATED GUIDANCE FOR FIRST LADY MICHELLE OBAMA**

**Thursday, July 9, 2015**

**Washington, D.C. \* 11:00AM** – The First Lady will deliver remarks at the first-ever Tribal Youth Gathering. The event will take place at the Renaissance Hotel in Washington, DC. This event – cohosted by UNITY Inc., the largest Native youth organization in the country – focuses on creating a national dialogue around wellness, education, and opportunity for tribal youth. In her remarks, Mrs. Obama will speak to American Indian and Alaska Native youth from across the country about her [Reach Higher](#) initiative, the value of education, and the importance of pursuing their dreams.

As part of the President’s Generation Indigenous Initiative, the First Lady participated in a convening on Creating Opportunity for Native Youth. Additionally, as part of her effort to help build a healthier future for our next generation, *Let’s Move!* in Indian Country has partnered with 421 partners that represent community and tribal programs.

*The First Lady’s remarks will be open press. Members of the media who wish to cover this event must RSVP [HERE](#) by 5:00pm ET on Wednesday, July 8<sup>th</sup>, 2015. For additional information about this event and media logistics, click [HERE](#).*

**Friday, July 10, 2015**

**Updated: The White House \* 11:00AM** – As part of her [Let’s Move!](#) initiative, the First Lady will host the 2015 winners of the Healthy Lunchtime Challenge, a nationwide recipe challenge for kids that promotes cooking and healthy eating, for the annual Kids’ “State Dinner.” The 55 aspiring young chefs and a parent or guardian will join the First Lady for a healthy lunch, featuring a selection of the winning recipes, and a special performance by the cast of Disney’s Tony Award-winning hit musical, *Aladdin*, followed by a visit to the White House Kitchen Garden.

“Reading over these winning recipes, two things become very clear,” says First Lady Michelle Obama. “America’s kids are passionate about not just eating healthy food, but about cooking healthy food, too. And we’re raising some truly inventive and talented chefs. I can’t wait to meet our 2015 winners and try some of their recipes at the Kids’ “State Dinner.””

This is the fourth year of the Healthy Lunchtime Challenge & Kids’ “State Dinner” in which 8-12-year-old kids across the nation are invited to create a lunchtime recipe that is healthy, affordable, original, and delicious. In support of the First Lady’s [Let’s Move!](#) initiative, entrants were encouraged to reference information at [ChooseMyPlate.gov](#) to ensure recipes met the USDA’s recommended nutrition guidance. View a complete list of the 2015 Healthy Lunchtime Challenge winners [HERE](#).

*The winners’ announced arrivals on July 10 through the East Wing/Booksellers will be pooled press and the First Lady’s remarks at the lunch will be open press. Members of the media interested in covering this event must RSVP to [FirstLadyPress@who.eop.gov](mailto:FirstLadyPress@who.eop.gov) with their full name, date of birth, social security number, gender, city and state of residence, and citizenship by 12:00pm ET on July 8<sup>th</sup>, 2015.*

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